Bolton Bolton Council

Report to:	Cabinet		
Date of meeting:	11 April 2022		
Report of:	Helen Lowey, Director Public Health	Report Number:	51,315
Reporting	Andrea Fallon	Telephone	01204 337321
Officer:	Consultant in Public Health (interim)	Number:	
Contact	Munisha Savania	Telephone	01204 337321
Officer:	Public Health Practitioner	Number:	
Report title:	Proposal for Bolton Council to sign-up to the 'Prevention Concordat for Better Mental Health' in Bolton		
	Not confi	dential	
This report does members of the	not contain information which warran public.	ts its consideration in the ab	osence of the press or
	PDG reports – Not fo	r wider circulation	
Not applicable			
Purpose:	The purpose of this paper is to propo	ose that Bolton Council in p	artnership with the
	Active, Connected and Prosperous Board, agrees to sign-up to the Prevention Concordat for Better Mental Health as a key component of our collective efforts across Bolton to improve mental health and wellbeing.		
Recommenda	Cabinet is recommended to:		
tions:	 Approve the proposal for Bolton Council, in partnership with the Active, Connected and Prosperous Board, to sign up to the 'Prevention Concordat for Better Mental Health' and to note the proposed work to support this. Delegate oversight of development and implementation of the Prevention Concordat via the Active, Connected and Prosperous Board, through the Director of Public Health. 		
Decision:			
Background documents:	 Population Mental Wellbeing & Suicide Prevention Programme Update Report (51314) Suicide Prevention Annual Suicide Audit Report (51529) Bolton's Wellbeing Conversation Survey results (final report to follow) Mental Health for All? The Final Report of the Commission for Equality in Mental 		
	Health - https://www.centreformentalhealth.org.uk/sites/default/files/publication/download /Commission_FinalReport_updated.pdf		
Signed:	Cabinet	Monitoring Officer	
Date:			

Consultation with oth	ner officers			-	
Finance		Yes	13/12/21	Lynne Hargreaves	
Legal		Yes	13/12/21	Elizabeth Cunningham Doyle	
HR		Yes	13/12/21	Francesca Rowbotham	
Procurement		Yes	26/11/21	Irfan Oomer	
Climate Change		Yes	26/11/21	Andrea Fallon	
Equality Impact Asses	sment	Yes	26/10/21	Jenny Foy	
(a) Pre-consultation	reports			No	
(b) Post consultatio Please confirm that the into consideration in m	e consultation res		een taken	No	
Vision outcomes				1. Start Well	X
Please identify the appropriate Vision outcome(s) that this report			2. Live Well	Х	
relates or contributes to by putting a cross in the relevant box.			3. Age Well	Х	
			4. Prosperous X		
				5. Clean and Green	Х
				6. Strong and Distinctive	Х
1. Start Well	Our children	get the bes	t possible star	t in life, so that they have eve	ery
	chance to su				
2. Live Well		The health and wellbeing of our residents is improved, so that they can			
		live healthy, fulfilling lives for longer.			
3. Age Well		Older people in Bolton stay healthier for longer and feel more connected			
		with their communities.			
4. Prosperous		Businesses and investment are attracted to the borough, matching our			
		workforce's skills with modern opportunities and employment.			
5. Clean and Green		Our environment is protected and improved so that more people enjoy it,			
		care for it and are active in it.			
Strong and Distinctivity		Stronger, cohesive, more confident communities in which people feel			
	safe, welcon	safe, welcome and connected.			

1. INTRODUCTION & BACKGROUND

What is the Prevention Concordat for Better Mental Health?

- 1.1. A key recommendation from the Five Year Forward View for Mental Health (2016), which was subsequently endorsed by Government, was that the then Public Health England (PHE) should develop a national Prevention Concordat for Better Mental Health programme to support all Health and Wellbeing Boards. The Prevention Concordat aims to support the development of local joint strategic needs assessments (JSNAs), and joint prevention plans that include mental health and wellbeing. The Prevention Concordat represents a public mental health informed approach to prevention, promotes national institute for health and care excellence (NICE) guidance and existing evidence-based interventions and delivery approaches, such as 'making every contact count'.
- 1.2. The Prevention Concordat for Better Mental Health is underpinned by an understanding that taking a prevention-focused approach to improving the public's mental health has been shown to make a valuable contribution to achieving a fairer and more equitable society. The consensus statement describes the shared commitment of organisations to work together, through local and national action, to prevent mental health problems and promote good mental health. The concordat also promotes evidence-based planning and commissioning to increase the impact on reducing health inequalities
- 1.3. The Prevention Concordat is intended to provide a focus for cross-sector action to deliver a tangible increase in the adoption of public mental health approaches across local authorities; the NHS; public, private, voluntary, community and social enterprise (VCSE) sector organisations, educational settings and employers.
- 1.4. The Prevention Concordat aims to build capacity and capability across our workforce to prevent mental health problems and promote good mental health. Employees are an important asset. Employers have a duty to protect and support staff health and wellbeing. Supporting people's wellbeing, both mental and physical has strong positive outcomes for them individually and for the workplace. Recognising when a colleague's wellbeing or mental health may be at risk at an early stage means you can take steps to help them manage this before it escalates. Keeping all staff protected from chronic stress and poor mental health during these challenging times means that they will have a better capacity to fulfil their roles, retain employment and contribute to economic prosperity. The recent launch of Bolton's mental health and wellbeing training programme, accessible by anyone who works or volunteers in Bolton has made good progress in building capacity and capability across our workforce to promote good mental health.
- 1.5. The Prevention Concordat acts as a framework to support cross-sector action to deliver effective local planning around prevention of poor mental health whilst also improving mental health for the whole population. The sustainability and cost-effectiveness of this approach is enhanced by the inclusion of action that impacts on the wider determinants of mental health and wellbeing.
- 1.6. The framework is based on five key steps:
 - a. <u>Needs and assets assessment:</u> Effective use of data and intelligence: Having a clear understanding of the key mental health issues affecting local communities, and which specific interventions should be prioritised to best meet local need
 - b. <u>Partnership and alignment</u>: Local organisations and populations working together across sectors to align plans and undertake joint or complementary programmes of work.

- c. <u>Translating need into deliverable commitments</u>: Ensuring that high-level strategic aims to promote better mental health are translated into actions and integrated into operational plans across a range of organisations.
- d. <u>Defining success outcomes</u>: Having a clear understanding of how to measure outcomes in preventing mental health problems and promoting good mental health, and which would be most relevant to the local community.
- e. <u>Leadership and accountability</u>: Ensuring that the wide range of organisations are involved in better mental health and are held to account for jointly agreed actions, with clear leadership and direction
- 1.7. Benefits to signing up to the Prevention Concordat:
 - Commit to an annual prevention and promotion action plan; link up workstreams and local stakeholders on the prevention agenda
 - Refresh plans for Covid-19 with a key focus on inequalities, discrimination, and stigma
 - Be part of a growing community of practice-webinars, updates, and case studies
 - Easy access to the latest data and resources e.g., JSNA dashboards, evidence summaries, business case/Return on investment tools.
 - Link to national professional, academic, and voluntary sector expertise in public mental health
 - Strengthen our work to support workforce wellbeing

2. <u>BACKGROUND TO LOCAL WORKSTREAMS WHICH ALIGN WELL WITH THE PREVENTION</u> <u>CONCORDAT</u>

- 2.1. Bolton has a newly emerging three-year Population Mental Wellbeing and Suicide Prevention programme, which is championed by the Executive Cabinet Member for Wellbeing and is multi-agency ensuring a whole system and whole Borough response with partners. This comprehensive programme provides a platform to engage and deliver the Prevention Concordat's ambitions and thus enable equality of mental health for all. The Population Mental Wellbeing and Suicide Prevention Programme update report (51314) as noted in the background documents section provides further detail about this programme and its key ambitions, goals, and priorities.
- 2.2. Underpinning the development of our work to improve population mental wellbeing, and as one of the first pieces of work within our local programme, has been the design and completion of 'Bolton's Big Wellbeing Survey', in which over 1500 local residents took part. The survey has highlighted some interesting findings, and a full report outlining the results will be available in December, however key findings show that of those who responded:
 - 95% said they thought about their mental health from time to time although over a fifth didn't talk about it, particularly in older residents.
 - Most people knew that mental health can be defined differently, and acknowledged the role of personal responsibility in finding balance and being able to cope with life's challenges
 - More than 60% claimed to be 'quite happy', finding life 'reasonably satisfying' and 'worthwhile' but a significant proportion reported fairly high levels of anxiety (48%)
 - Most people claimed to stay well through non-medical interventions such as through friends and family, the outdoors, and time out to relax although 40% of respondents reported not knowing how they could improve their mental health
 - The single biggest factor associated with poor mental wellbeing was family or relationship worries followed by tiredness, money worries, health concerns and work.

- 2.3. Having a clear understanding of the key mental health issues affecting local communities, and which specific interventions should be prioritised to best meet local need, aligns with the five keys steps of the Prevention Concordat Framework. Having made the survey a priority in Bolton, gaining the views of our residents, provides a valuable platform for development of a cross sector action plan based on what's important to our people in Bolton.
- 2.4. Suicide Prevention is an important priority for Bolton and now merged with the Population Mental Wellbeing & Suicide Prevention Programme. The cross-government suicide prevention workplan (January 2019) commits every area of Government to taking action on suicide. No single agency can deliver an effective, place-based suicide prevention programme alone. A strategy to reduce deaths by suicide relies on collaborative working to promote good mental health and build community resilience but also target groups of people at heightened risk.
- 2.5. The role of Adverse childhood experiences (ACEs) should not be underestimated when exploring the risk of suicide attempts, evidence suggests adults who had experienced ACEs were more likely to have attempted suicide risk in their lifetime compared to those who had not experienced ACEs. Actions to strengthen resources and collaboration in addressing ACEs and suicide prevention is crucial. The Prevention Concordat framework supports cross-sector action to deliver effective local planning around prevention of poor mental health whilst also improving mental health for the whole population and contributing to suicide prevention action.
- 2.6. Furthermore, Bolton Council is part of a three-year clinical commissioning group (CCG) led transformation programme 'Bolton Mental Health Living Well Community Transformation Project' which aims to develop a service model for community mental health in Bolton. A key focus of this programme focuses on prevention, person centred care close to home and a 'no wrong door' approach.
- 2.7. In addition, Bolton has been successfully selected as one of the pilot sites to work with the Centre for Mental Health (CFMH) to pilot a system designed for mental health equality.
- 2.8. In November 2020, Centre for Mental Health published the final report of the Commission for Equality in Mental Health, Mental health for all? The report concluded two years' work exploring what causes mental health inequalities, why they have become so entrenched and what can be done to reverse them.
- 2.9. The report (embedded in this report as background document) describes what a system designed for equality would look like: The figure below shows the key elements and attributes required to bring about large-scale change.



2.10. The report concludes that mental health is made in communities, and so action to reduce inequality needs to begin at the local level, within communities supported by local systems, services, and civil society. The figure below describes the process to stimulate action.



- 2.11. Aligned to the Prevention Concordat, this provides an exciting opportunity to build on the existing workstreams, enabling a systemwide approach for mental health and wellbeing, achieving positive outcomes for our population.
- 2.12. Due to the newly emerging above programmes, and recognising the impact of Covid-19, now is a timely opportunity to come together and agree a joint prevention plan for the borough and, for Bolton Council to sign up to the Prevention Concordat for Better Mental Health. This will enable us locally to align programmes and agree priorities that cut across all our programmes of work enabling a joint systemwide approach in achieving mental health and wellbeing outcomes for our population.

3. PROPOSED APPROACH TO SIGNING UP

- 3.1. Due to timescales and alignment with other workstreams, this paper proposes sign up in principle in advance of the formal ACP Board in March 2022.
- 3.2. To sign up to the Prevention Concordat a local Prevention Concordat Action Plan must be completed whilst also signing up to the Consensus Statement (Appendix 3). To enable this to happen, we will work with Centre for Mental Health, to deliver an interactive webinar (Community Conversations) which will support development of a local Prevention Concordat Action Plan based on the findings from Bolton's Big Wellbeing Survey and stakeholder engagement. The webinar will aim to cover the following:
 - National, regional, and local context of mental health and wellbeing based on current evidence and intelligence
 - Lived experience stories
 - Strategic context of current programmes of work
 - Interactive breakout sessions to help shape and agree key priorities for Bolton's local Prevention Concordat Action plan, based on the needs and assets of our population (Bolton's Big Wellbeing Survey)
- 3.3. The Population Mental Wellbeing and Suicide Prevention Steering Group will oversee the delivery and evaluation of the prevention concordat action plan, including any blockages or barriers that may hinder execution of the plan. This plan will align and merge with the overall multi-agency population mental wellbeing and suicide prevention programme action plan.
- 3.4. To achieve real, sustainable improvement in population mental health the aspiration is to align and embed opportunities to promote mental wellbeing across key policies, programmes, strategies and plans in the Borough.
- 3.5. Design of the Prevention Concordat Action Plan will follow this principle and build on the opportunities of existing policies, programmes and strategies. Several mental health strategy groups exist across the system, and we will be working to ensure collaboration of these to ensure a strengthened governance structure and thus successful implementation of the prevention concordat for better mental health.

4. <u>NEXT STEPS</u>

- To collaboratively develop our local action plan.
- Interactive webinars with key stakeholders to develop the profile of local action plan and how organisations can get involved.
- Monitoring and evaluation processes to measure the success of the action plan.
- Produce an annual report each year to review progress.

5. <u>GOVERNANCE</u>

- The governance of the local action plan will be through the multi-agency Population Mental Wellbeing and Suicide Prevention Steering Group and into the Active, Connected and Prosperous Board.
- Delegated authority to sign off the final action plan will sit with the Director of Public Health.

6. <u>NEXT STEPS</u>

- **6.1** It is proposed that Bolton Council signs up to the 'Prevention Concordat for Better Mental Health' in partnership with key stakeholders via the Active, Connected and Prosperous Board as outlined in this report as well those outlined below.
 - The NHS
 - Public, private, voluntary, community and social enterprise (VCSE) sector organisations
 - Educational settings
 - Employers
 - Local citizens

7. IMPACTS AND IMPLICATIONS:

7.1 Financial

7.1.1 No financial implications, as the work is funded via the Population Mental Wellbeing and Suicide Prevention programme, for which reports have been provided.

7.2 Legal

7.2.1 To be recognised as a Prevention Concordat signatory, the Council needs to agree to the consensus statement below:

The undersigned organisations agree that:

To transform the health system, we must increase the focus on prevention and the wider determinants of mental health. We recognise the need for a shift towards prevention-focused leadership and action throughout the mental health system, and into the wider system. In turn, this will impact positively on the NHS and social care system by enabling early help through the use of upstream interventions.

There must be joint cross-sectoral action to deliver an increased focus on the prevention of mental health problems and the promotion of good mental health at a local level. This should draw on the expertise of people with lived experience of mental health problems, and the wider community, to identify solutions and promote equality.

We will promote a prevention-focused approach towards improving the public's mental health, as all our organisations have a role to play.

We will work collaboratively across organisational boundaries and disciplines to secure place-based improvements that are tailored to local needs and assets, in turn increasing sustainability and the effective use of limited resources.

We will build the capacity and capability across our workforce to prevent mental health problems and promote good mental health, as outlined in the Public Mental Health Leadership and Workforce Development Framework Call to Action.

We believe local areas will benefit from adopting the Prevention Concordat for Better Mental Health.

We are committed to supporting local authorities, policy makers, NHS clinical commissioning groups and other commissioners, service providers, employers and the voluntary and community sector to adopt this concordat and its approach."

and produce an action plan addressing the 5-domain framework.

"The domains are:

- understanding local needs and assets
- working together
- taking action for prevention and promotion, including reducing health inequalities
- o defining success and measuring outcomes
- o leadership and direction"

7.3 **Procurement**

7.3.1 No procurement requirements arising as a result of this report, to note aligned to the Population Mental Wellbeing and Suicide Prevention Programme, for which reports have been provided.

7.4 **HR**

7.4.1 No recruitment implications anticipated as a result of this report. Noted the positive likely impact arising from staff having access to wellbeing support and training.

7.5 Climate Change

7.5.1 Anticipated to have a positive impact on climate change as positive mental health increases the likelihood that individuals will be actively engaged in behaviours that have a positive impact on climate change such as recycling and active transport.

7.6 **Other**

7.6.1 None

8. EQUALITY IMPACT ASSESSMENT (EIA)

- 8.1. Under the Equality Act 2010, the council has a general duty to have due regard to the need to:
 - 1. **eliminate unlawful discrimination**, harassment, victimisation and any other conduct prohibited by the Act;
 - 2. **advance equality of opportunity** between people who share a protected characteristic and people who do not share it; and
 - 3. **foster good relations** between people who share a protected characteristic and people who do not share it.

It is therefore important to consider how the proposals contained within this report may positively or negatively affect this work. To support this analysis, an Equality Impact Assessment (EIA) form has been completed for the proposals outlined in this report, and is attached at Appendix A.

The EIA looks at the anticipated (positive and/or negative) impacts of the proposals on people from Bolton's diverse communities, and whether any group (or groups) is likely to be directly or indirectly

differentially affected. At this stage it is not anticipated that the proposals will have a disproportionate impact on any of Bolton's diversity groups. The analysis is set out in more detail in the EIA.

9. <u>CONSULTATION</u>

- 9.1. Key stakeholders have been consulted via the Population Mental Wellbeing and Suicide Prevention Steering Group. Group members were asked about their thoughts for signing up to the Prevention Concordat for Better Mental Health. Group member welcomed a joint approach and felt it would be a good approach to bring the different elements of the Population Mental Wellbeing and Suicide Prevention Programme together.
- 9.2. Bolton's Big Wellbeing Survey has consulted with local residents on what is important to them and their wellbeing, including barrier and facilitators.
- 9.3. The delivery of the webinar outlined in this report will provide further consultation in developing the final action plan

10. <u>VISION 2030</u>

10.1. The proposed initiative will contribute to all six themes in the Bolton Vision and as such is a good fit as a strategic objective for the organisation

11. <u>RECOMMENDATIONS</u>

- 11.1. The Cabinet is recommended to approve the proposal for Bolton Council to sign up to the 'Prevention Concordat for Better Mental Health in Bolton' in partnership with the Active, Connected and Prosperous Board, and to note the proposed work in which to support this.
- 11.2. Delegate oversight of implementation to the Director of Public Health.

Bolton Council

Appendix 1

Equality Impact Assessment

Title of report or proposal:

Proposal for Bolton Council to sign-up to the 'Prevention Concordat for Better Mental Health' in Bolton

Directorate:	Public Health
Section:	Public Health
Date:	15 November 2021

Public sector bodies need to be able to evidence that they have given due regard to the impact and potential impact on all people with 'protected characteristics' in shaping policy, in delivering services, and in relation to their own employees.

Under the Equality Act 2010, the council has a general duty to have due regard to the need to:

- 1. **eliminate unlawful discrimination**, harassment, victimisation and any other conduct prohibited by the Act;
- 2. **advance equality of opportunity** between people who share a protected characteristic and people who do not share it; and
- 3. **foster good relations** between people who share a protected characteristic and people who do not share it.

By completing the following questions, the three parts of the equality duty will be consciously considered as part of the decision-making process.

Details of the outcome of the Equality Impact Assessment must also be included in the main body of the report.

1. Describe in summary the aims, objectives and purpose of the proposal, including desired outcomes.

The Prevention Concordat aims to support the development of local joint strategic needs assessments (JSNAs), and joint prevention plans that include mental health and wellbeing. The Prevention Concordat represents a public mental health informed approach to prevention, promotes national institute for health and care excellence (NICE) guidance and existing evidence-based interventions and delivery approaches, such as 'making every contact count'.

The Prevention Concordat for Better Mental Health is underpinned by an understanding that taking a prevention-focused approach to improving the public's mental health has been shown to make a valuable contribution to achieving a fairer and more equitable society. The consensus statement describes the shared commitment of organisations to work together, through local and national action, to prevent mental health problems and promote good mental health. The concordat also promotes evidence-based planning and commissioning to increase the impact on reducing health inequalities.

Due to the newly emerging programmes, and recognising the impact of Covid-19, now is a timely opportunity to come together and agree a joint prevention plan for the borough and, for Bolton Council to sign up to the Prevention Concordat for Better Mental Health. This will enable local alignment of programmes and agreement of priorities that cut across all programmes of work enabling a joint systemwide approach in achieving mental health and wellbeing outcomes for our population. The next stages and proposals are detailed within the report.

2. Is this a new policy / function / service or review of existing one?

This report proposes the sign up to the Prevention Concordant for Better Mental Health. This involves alignment of programmes and agreement of priorities that cut across all programmes of work.

3. Who are the main stakeholders in relation to the proposal?

Key stakeholders include;

- Bolton residents
- Staff (Bolton Council)
- NHS
- Public, private, voluntary, community and social enterprise (VCSE) sector organisations
- Educational settings
- Employers

4. In summary, what are the anticipated (positive or negative) impacts of the proposal?

It is anticipated that the sign-up to the Prevention Concordant for Better Mental Health with the design and implementation of actions plans will have positive impacts for all stakeholders. There is an agreement to a prevention-focused approach to improving the public's mental health and aims to reduce health inequalities.

No negative impacts are anticipated.

5. What, if any, cumulative impact could the proposal have?

To achieve real, sustainable improvement in population mental health the aspiration is to align and embed opportunities to promote mental wellbeing across key policies, programmes, strategies and plans in the Borough.

6. With regard to the stakeholders identified above and the diversity groups set out below:

Consider:

- How to avoid, reduce or minimise negative impact (if you identify unlawful discrimination, including victimisation and harassment, you must stop the action and take advice immediately).
- How to **advance equality of opportunity.** This means considering the need to:
 - Remove or minimise disadvantages suffered by people with protected characteristics due to having that characteristic.
 - Take steps to meet the needs of people with protected characteristics that are different from people who do not have that characteristic
 - Encourage protected groups to participate in public life and in any other activity where participation is disproportionately low
- How to foster good relations. This means considering the need to:
 - Tackle prejudice; and
 - promote understanding between people who share a protected characteristic and others.

	Is there any potential for (positive or negative) differential impact? Could this lead to adverse impact and if so, what?	Can this adverse impact be justified on the grounds of promoting equality of opportunity for one group, or for any other reason? Please state why	Please detail what actions you will take to remedy any identified adverse impact i.e., actions to eliminate discrimination, advance equality of opportunity and foster good relations
Race (this includes ethnic or national origins, colour or	No differential impact is identified at this stage.	Not applicable.	Not applicable.
nationality, and caste, and includes refugees and migrants, and gypsies and travellers	There is an agreement to a prevention- focused approach to improving the public's mental health and aims to reduce health inequalities.		

Religion or belief (this includes	See comments under Race.	See comments under Race.	See comments under Race.
any religion with a clear structure			
and belief system. Belief means			
any religious or philosophical			
belief. The Act also covers lack of			
religion or belief)			
Disability (a person is disabled if	See comments under Race.	See comments under Race.	See comments under Race.
they have a physical or mental			
impairment which has a substantial			
and long-term adverse effect on			
their ability to carry out normal day-			
to-day activities)			
Sex / Gender	See comments under Race.	See comments under Race.	See comments under Race.
Gender reassignment / Gender	See comments under Race.	See comments under Race.	See comments under Race.
identity (a person who's deeply			
felt and individual experience of			
gender may not correspond to the			
sex assigned to them at birth, they			
may or may not propose to, start or			
complete a process to change their			
gender. A person does not need to			
be under medical supervision to be protected)			
Age (people of all ages)	See comments under Race.	See comments under Race.	See comments under Race.
Sexual orientation - people who	See comments under Race.	See comments under Race.	See comments under Race.
Sexual offentation - people who			

Marriage and civil partnership (Only in relation to due regard to the need to eliminate discrimination)	See comments under Race.	See comments under Race.	See comments under Race.
Caring status (including pregnancy & maternity)	See comments under Race.	See comments under Race.	See comments under Race.
Socio-economic	See comments under Race.	See comments under Race.	See comments under Race.
Other comments or issues.			
Please provide a list of the evidence used to inform this EIA, such as the results of consultation or other engagement, service take-up, service monitoring, surveys, stakeholder comments and complaints where appropriate.			

Bolton Council

Х

This EIA form and report has been checked and countersigned by the Directorate Equalities Officer before proceeding to Executive Cabinet Member(s)

Please confirm the outcome of this EIA:

No major impact identified, therefore no major changes required – proceed

Adjustments to remove barriers / promote equality (mitigate impact) have been identified – proceed

Positive impact for one or more groups justified on the grounds of promoting equality - proceed

Continue despite having identified potential for adverse impact/missed opportunities for pron	noting
equality – this requires a strong justification	

The EIA identifies actual or potential unlawful discrimination - stop and rethink

Contact Officer

Name:

Munisha Savania

Date:

2nd November 2021

Directorate Equalities Lead Officer

Name:

Jenny Foy

Date:

26th October 2021

Bolton Council

Appendix 2

Key actions (already underway) in support of signup to The Prevention Concordat for Mental Health in Bolton (2021-2026)

1. Leadership and Direction	 Newly developed population mental wellbeing and suicide prevention leadership group to drive and execute local action plan.
	 Shared vision statement for prevention and promotion
	 Visual mental wellbeing and suicide prevention strategy developed
2. Understanding local need and	CYP Mental health and wellbeing JSNA to be developed.
assets	Adults' Mental health and wellbeing JSNA to be developed.
	 Codesigned Population mental wellbeing digital survey & targeted focus groups
	 Engagement with communities to gain insight into their needs and assets.
	Undertaking annual suicide audit
3. Working together	 Working together across the system to pilot a system designed for mental health equality. To develop a mental health equality action plan.
	 Working with local communities and involving those with lived experience in planning. Codesigned projects with stakeholders including service users.
	 Delivery of webinars to raise the profile of mental wellbeing and suicide prevention across the system.
	 To empower greater community ownership and investment in developing local solutions to improve mental health and wellbeing
4. Taking action	 Promoting mental wellbeing in the workplace through training and awareness.
	 Marketing and Communications- Life course population approach with a key focus on ethnic minority communities, CYP and families. Amplifying Every Mind Matters Campaign
	 Supporting small businesses and the self-employed (via webinars and packs)
	 Addressing financial insecurity and debt (embedding wellbeing into the local welfare provision.
	 Protecting the mental health of people with long-term physical health problems (Integrated Care Partnership). To embed mental wellbeing into client assessments and apply risk stratification to identify those most in need.
5. Defining success	 Dedicated workstream to monitor and evaluate the impact of activity on people's mental health and wellbeing in local communities.
	 Development of single wellbeing outcomes framework and dedicated tool to embed across organisations and services across the system.

Prevention Concordat for Better Mental Health Consensus statement¹

This consensus statement describes the shared commitment of the organisations signed below to work together via the Prevention Concordat for Better Mental Health, through local and national action, to prevent mental health problems and promote good mental health.

The undersigned organisations agree that:

To transform the health system, we must increase the focus on prevention and the wider determinants of mental health. We recognise the need for a shift towards prevention-focused leadership and action throughout the mental health system, and into the wider system. In turn, this will impact positively on the NHS and social care system by enabling early help through the use of upstream interventions.

There must be joint cross-sectoral action to deliver an increased focus on the prevention of mental health problems and the promotion of good mental health at a local level. This should draw on the expertise of people with lived experience of mental health problems, and the wider community, to identify solutions and promote equality.

We will promote a prevention-focused approach towards improving the public's mental health, as all our organisations have a role to play.

We will work collaboratively across organisational boundaries and disciplines to secure place-based improvements that are tailored to local needs and assets, in turn increasing sustainability and the effective use of limited resources.

We will build the capacity and capability across our workforce to prevent mental health problems and promote good mental health, as outlined in the <u>Public Mental Health Leadership and Workforce</u> <u>Development Framework Call to Action</u>.

We believe local areas will benefit from adopting the Prevention Concordat for Better Mental Health.

We are committed to supporting local authorities, policy makers, NHS clinical commissioning groups and other commissioners, service providers, employers and the voluntary and community sector to adopt this concordat and its approach.

¹ https://www.gov.uk/government/publications/prevention-concordat-for-better-mental-health-consensusstatement/prevention-concordat-for-better-mental-health