

Children and Young People Mental Health and Emotional Wellbeing

Bolton's Local Transformation Plan (LTP)

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Bolton Local Transformation Plan (LTP)

- Proposals from Future in Mind (2015) aligned to Five Year Forward View for Mental Health
- Additional money from NHS England to CCGs to increase access to high quality mental health care
- Governed by Local Transformation Plans which are refreshed yearly – *19/20 LTP due to be published by 31st March 2019.*
- Large amount of work at scale across Greater Manchester (GM)



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Public awareness
and understanding
around CYP
Mental Health –
Reducing stigma

Timely access to
effective mental
health support

A system without
tiers – focus on
the needs of CYP
and their families

Improved
care for CYP
in crisis



A better offer for
our most
vulnerable
children and
young people



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Priorities delivered in 2018/19

- Secured new CAMHS provider and mobilised new service model
- Continued the roll out Thrive offer across whole system
- Enhanced 'getting advice' offer
- Developed Parent Infant and Perinatal Mental Health offer
- Redesigned Autism and ADHD pathways
- Developed a new mental health in education offer
- First in GM to implement all age Mental Health Liaison as part of Crisis Care Pathway
- Meaningful engagement with Children and Young People
- Developed mental health anti-stigma campaign



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Thrive - 'A System without Tiers'



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Bolton's Child and Adolescent Mental Health Service (CAMHS)

- As of April 2018, CAMHS delivered by Greater Manchester Mental Health in partnership with North West Boroughs
- Initial focus on:
 - Development of workforce plan
 - Improving access and reducing waiting times
 - Development of hub and spoke delivery model
 - Plans for further enhancement of holistic offer including :
 - evening appointments
 - no wrong door approach
 - self referral
 - CYP informed Care Planning



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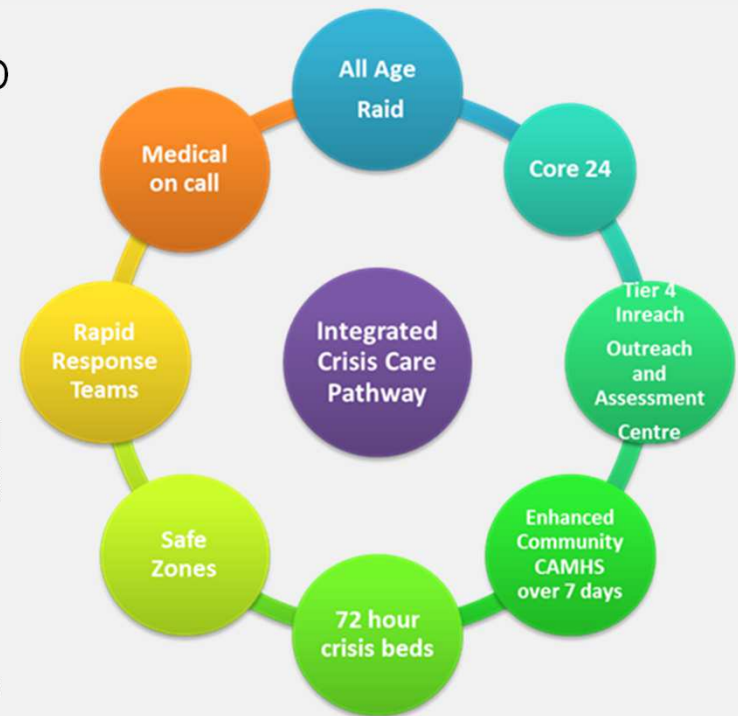
Kooth.com

- LTP investment utilised to commission KOOTH from February 2018 (2 year pilot) in order to provide a 24/7 early intervention offer utilising technologies to provide direct routes into online text-based counselling, self-help resources and moderated safe chat room facilities.
- A blended delivery model includes an integration officer to ensure KOOTH is fully integrated with Bolton's local emotional health and wellbeing offer including CAMHS, Social Care, Schools, Safeguarding and the Voluntary Sector.
- Feedback has been extremely positive and uptake of the KOOTH offer has exceeded expected activity levels.



All-Age Mental Health Liaison

- As of 9th April, Bolton became the first locality in Greater Manchester to commission an All Age RAID service (Five Year Forward View for Mental Health national mandate) which provides a rapid assessment to children and young people who present at A&E in mental health crisis.
- The service interfaces with other services and partner organisations and also facilitates timely and appropriate referral for follow-up from local CAMHS or other mental health provision if appropriate.
- Outcomes achieved include a reduction in admission to a paediatric ward and improved timely mental health assessment and support to onward crisis care planning for children and young people.



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Thrive Alliance



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#BeKindtoMyMind



- Building on the great work already delivered by the Healthy Minds Youth Group and Bolton's Youth Council, Bolton CCG have allocated some LTP money to develop a Borough-wide mental health anti-stigma campaign
- The campaign and its' content has been driven by children & young people and supported through a creative design agency and Bolton CCGs Communication team
- The campaign is being developed into a brand for CYP mental health and wellbeing and form a 'call to action' where children and young people are signposted to additional support and self-help



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Priorities for 2019/20

- Further improvement to access target and reduce waiting times
- Further embed Thrive and access GM i-Thrive Training including early identification and help
- Emotional Health and Wellbeing offer across Education
- Further development and implementation of the Perinatal and Parent-Infant Mental Health offer (including Dads)
- Children's workforce development including awareness of suicidal ideation self-harm and impact of trauma



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