

Prevention Concordat for Better Mental Health

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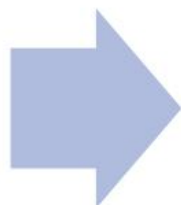
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Prevention Concordat for Better Mental Health – what is it about ?

Purpose: To galvanise local areas to have a shared commitment in promoting good mental health and preventing mental health illness



Key principles:

- **Transformation that focuses on prevention** and the wider determinants of mental health
- **Joint cross-sectoral action** that draws on the expertise of people with lived experience of mental health problems, and the wider community
- Collaboration across organisational boundaries and disciplines to secure **place-based improvements** that are tailored to local needs and assets, in turn increasing sustainability and the effective use of limited resources
- **Building capacity and capability** across the workforce to prevent mental health problems and promote good mental
- Commitment to **adopt the Prevention Concordat approach**

What does the Prevention concordat cover ?

Valuable contribution
to achieving a fairer
and more equitable
society

A public commitment
to prevention

Key recommendation
from the Five Year
Forward View for
Mental Health (2016)

Whole population
approach (individuals,
communities, places
and wider
determinants)



Targeted prevention

Life course: children,
families, working age,
older people

Aims to support the
development of local
joint strategic needs
assessments (JSNAs)

Importantly – it offers us a tried and
tested framework for action

A framework for action: five key steps



Assessing our needs and assets

Strengthening and aligning our Partnership

Translating need into deliverable
commitments

Defining measures of success/outcomes

Strengthening Leadership and accountability

What are the benefits, and are there any risks ?

Helps us to develop a robust annual prevention and promotion action plan based on learning across the UK about 'what works'

Strengthens the profile or, and impact that the Council can make in achieving our vision to reduce the impact of inequity, discrimination, and stigma

Access to a growing community of experts nationally, plus some key tools and resources that help our development, and a route to share our learning with others

Risks are low, there is no requirement to spend additional monies on top of our existing programme of work, it is not a means of auditing our performance, its focus is on continuous learning and development

Local workstreams which align well with the concordat

Population Mental Wellbeing and Suicide Prevention programme

Bolton's Big Wellbeing Survey

Annual Suicide Audit and strategy development

Bolton Mental Health Living Well Community Transformation Project

Centre for Mental Health (CFMH) to pilot a system designed for mental health equality.

Proposed approach to signing up

Support from the Active Connected and Prosperous Board for the Council and Partners to sign up to (and adopt the framework of) the Prevention Concordat for better mental health

- Launch of Bolton's Big Wellbeing survey findings
- Interactive workshop to help shape and agree key priorities for Bolton
- Report of findings & development of action plan

Submit our local plan to support official 'sign up' to the 'Prevention Concordat for Better Mental Health'

Oversee via existing governance: through the multi-agency Population Mental Wellbeing and Suicide Prevention Steering Group and into the Active, Connected and Prosperous Board.