

Report to: Children's Services, Young People and Sport Scrutiny Committee

Date: 27th August 2009

Report of: Director of Children's Services

Report No:

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Report Title: 5 Hour PE and Sport Offer

Non Confidential: **(Non-Confidential)** This report does **not** contain information which warrants its consideration in the absence of the press or members of the public

Purpose: The purpose of this report is to update the Scrutiny Committee on progress with regards to the delivery of the 5 Hour Offer PE and Sport programme.

Recommendations: The Scrutiny Committee is asked to;

Note the progress on the 5 Hour PE and Sports Offer in Bolton;

Decision:

Background Doc(s):

Signed:

Leader / Executive Member

Monitoring Officer

Date:

Summary:

1. Background

- 1.1 Bolton was a Phase One Local Authority in the Governments and the Youth Sports Trusts School Sports Partnership programme, which was launched in 2003. Bolton was also the first Local Authority in the Country to have four secondary schools designated with Sports College status. These are St Josephs RC High School in Horwich, Ladybridge, Thornleigh and St James' Farnworth.
- 1.2 Following the Prime Minister's pledge to make sport a part of every child's day during the build up to and legacy of the 2012 Olympic and Paralympic Games, Bolton, like other local authorities across the country was tasked with the challenge of providing the offer of the equivalent of one hour of sport to every 5 to 19 year old every day of the school week (PSA 22). The PESSCL strategy has therefore been superseded by the PE and Sport Strategy for Young People (PESSYP) to deliver the extended priorities. The purpose of this report is to summarise progress and outline future developments.

2. PESSCL

The overall aim of the PESSCL strategy was to enhance the take up of sporting opportunities by 5 – 16 year olds and by doing so, increase in the percentage of school children in England who spend a minimum of 2 hours each week on high quality sport within and beyond the curriculum. The target was for 80% of children to have access to 2 hours of quality PE by 2007 – a 5% increase on 2006 – with an 85% target being set for 2008. These were originally PSA targets which also became CPA targets. Significantly, Bolton was also given a Local PSA target for 2008 of a 90% take up. Thanks to a great deal of effort from everyone involved in the School Sports Partnership (SSP), Bolton achieved all of its national and local targets.

3. The 5 Hour Offer

- 3.1 Bolton in line with all other authorities is currently undertaking a 'Self Assessment Review.' The review has been designed to provide us with an overview of :
 - The hours of participation opportunities available to young people
 - An assessment of the quality and accessibility of the offer
 - Key actions to be taken to ensure that every young person can access one more hour of quality PE and sport during the coming year
- 3.2 The objective of the review is to enable Local Authorities to establish new baselines which will allow SSP's to set targets across key areas of activity;
 - Total number of curriculum hours on offer
 - The total number of hours of activity organised and delivered by schools that are available - NB. Not curriculum e.g. sports clubs, breakfast clubs
 - The total number of hours of activity organised by community sports clubs and delivered on school or community sites
 - The total number of additional hours of activity that are available for young people e.g. structured casual badminton sessions in leisure centres or alternative activities such as skateboarding.
- 3.3 Bolton, through its 5 Hour Offer steering group and in conjunction with Bolton Sport and Physical Activity Alliance (Bospaa) has carried out a mapping exercise to review all the 10 stands of the Offer (attached) and identified those partners who are currently

delivering work to support the offer and those with the potential to deliver opportunities that will extend the offer further.

4. Competition

4.1 A key strand of the 5 Hour Sports Offer is the aim to improve the quality and increase the quantity of competition that is on offer within primary and secondary schools.

4.2 Bolton's competition manager was appointed in June of last year with the task of increasing inter school competition by 5% per annum over the next 3 years by planning, implementing and managing a sustainable competition framework across all key stages.

4.3 After an initial audit of existing school competition in Bolton, primary competition was identified as a development priority. The Bolton School Sport Association (SSA) looks after secondary school competition delivery. The SSA is strong and proactive with all major sports having a town final and/or league structure in place. The following priorities were therefore agreed for primary inter school competition;

4.4.1 KS2 competition pathway.

To ensure that there is a clear pathway from cluster level competitions to town level competitions in all sports, KS2 town finals have been introduced in swimming, football, basketball, rugby league, rugby union, cricket, athletics, tennis, gymnastics, netball and hockey. These finals allow teams to progress to county and regional level, thereby strengthening competitive pathways for children in Bolton.

4.4.2 Primary School Calendar

All primary schools now receive an A3 wall planner in the 1st week of September containing the details of all the town competitions finals.

4.4.3 Increasing capacity to deliver competitions.

School Sports Coordinator (SSCo) Champions - Each town event will now be delivered by the SSSCo 'Champion' for that sport (i.e. the Ladybridge SSSCo for athletics) supported by the Competition Manager. This is in line with Youth Sports Trust guidelines which encourages SSSCo's to work to a wider remit without having capacity issues.

5. Volunteering

5.1 A key strand of the offer is to increase the opportunities in Leadership and Volunteering creating our future sporting workforce. Bolton's Sport, Health and Inclusion Service has recently been awarded the National Investors in Volunteering Award by Volunteer England for the programme that was developed to support the volunteering and leadership strand.

5.2 Bospaa has been awarded £275k over two years to support workforce development for volunteering over the next 2 years.

5.3 The "Recruit into Coaching" programme funding has been secured and work across the School Sports Partnerships is on line to commence in September 09 working with 40 young people per year accessing Level I and Level II Coaching Programmes.

- 5.4 The Competition Manager programme overlaps with other strands of the 5 hour offer e.g. the volunteering initiatives. The Competition Manager recently worked closely with the Community Development Manager at St Joseph's and the Further Education Sports Coordinator (FEHESCO) and the Leadership Academy students in staging the Greater Manchester Youth Championships – previously the Greater Manchester Youth Games.

6. FEHESCO

- 6.1 The School Sports Partnership in partnership with Bolton College and The University of Bolton have recently appointed a FEHESCO to support the 16-19 3 hour offer programme.

7. School Improvement Strategic Lead

- 7.1 The Council has recognised the importance of PE, Sport and Leisure in Bolton through its commitment to school sport and the wider community sport and leisure agenda e.g. the free swimming and swimming lessons initiatives. The Department has also established a new strategic lead post within the School Improvement service to ensure that PE and Sport and the 5 Hour Offer remains a Children's Services strategic priority. The appointment is for an initial two year period.

8. Monitoring and Evaluation.

- 8.1 A significant challenge for SSP's will be the task of effectively monitoring take up of the 5 Hour Offer, especially the out of school hours activity and the take up by 16 to 19 year olds. The expectation is that by 2010/11, 40% of 5 to 19 year olds will be involved in 5 hour offer activities. By 2012/13 the target is for 60% to be taking part in 5 hour offer programmes.
- 8.2 In achieving our national and local targets for the provision of 2 hours quality PE and sport, Bolton has been set new targets for 2009/10 of 91%, 2010/11 92% and 93% for 2011/12. However, a new national floor target has also been set for SSP's for 2010/11 – i.e. that 80% of 5-16 years olds will be taking part in 3 hours per week of PE and sport organised by schools.

9. Equality Impact Assessment

An Equality Impact Assessment is not required for this report.

10. Recommendation

- 10.1 The Scrutiny Committee is asked to note the progress on the 5 PE and Hour Sport offer