

WELLBEING

A record of decisions made by the Executive Cabinet Member with responsibility for Health and Wellbeing, Anti-Poverty and Deprivation, Public Health, Mental Health and Social Care Integration

MONDAY 7TH SEPTEMBER, 2020

Following consideration of the matters detailed below in the presence of:-

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|--------------------|----------------------------------------|
| Councillor Baines | - Executive Cabinet Member – Wellbeing |
| Councillor Haworth | - Major Opposition Spokesperson |
| Councillor Wright | - Minor Opposition Spokesperson |

Officers

- | | |
|----------------|-----------------------------------------|
| Dr. H. Lowey | - Director of Public Health |
| Ms. L. Butcher | - Head of Finance |
| Mrs. V. Ridge | - Principal Democratic Services Officer |

6. MONITORING OF EXECUTIVE CABINET MEMBER DECISIONS

The Borough Solicitor submitted a report which provided an update on decisions taken at previous meetings of the Executive Cabinet Member.

The Executive Cabinet Member NOTED the report.

7. POPULATION MENTAL WELLBEING PROGRAMME UPDATE

The Director of Public Health submitted a report which provided an update on the evidence based projects which would be

commissioned within the mental wellbeing programme.

The Executive Cabinet Member was reminded that, in March, 2020, a proposal to commission a population mental wellbeing programme was approved and this report outlined the key projects which would now be implemented this year as part of the three-year population mental wellbeing programme.

The report stated that the aim was to commission and deliver evidence based projects that improved emotional wellbeing, built social capital, promoted individual and community resilience and reduced stigma associated with mental health. Consequently, the following key projects had been identified as part of the three year programme and included:-

- Shared leadership;
- Community engagement;
- Mental wellbeing survey;
- Mental wellbeing capacity building (i.e. training);
- Five ways to wellbeing community grant scheme;
- Mental wellbeing digital offer for adults;
- Prevention Concordat for Better Mental Health;
- Mental wellbeing awareness and campaigns; and
- Monitoring and evaluation.

In terms of the financial implications, the Executive Cabinet Member was advised that an allocation of £130,000 per annum of Public Health budget to support a three-year mental wellbeing programme from existing commissioning budgets was approved in March, 2020.

The Executive Cabinet Member NOTED progress update on the mental wellbeing programme and the projects to be implemented in year.